

NEWS RELEASE



Touchmark at Mt. Bachelor Village

FOR IMMEDIATE RELEASE

October 22, 2008
For further information:
Deborah Beemer, RN
(541) 383-1414

Touchmark offers residential care for those needing a break — or healing from a break

BEND, Ore. — Whether it's a family member needing some time away from providing full-time care to a loved one or an individual requiring some nursing care after breaking a leg, a new service is available for Central Oregon residents. Touchmark at Mt. Bachelor Village offers residential care for a wide range of situations when assistance is needed to heal, recharge and/or regain strength.

Jamee Hardwicke turned to Touchmark's residential care service following foot reconstructive surgery. "I needed some help with many of the simple daily tasks of caring for myself as I recovered from my surgery. Plus, they are helping me with my physical therapy," she says.

Hardwicke spent three days in the hospital following her August 25 surgery. With more than 100 stitches and six pins in her foot, her doctor advised her to keep her foot above her heart for most of the day and night and to avoid placing *any* weight on her foot for three months.

"It's very confining," she notes but adds the recovery care services are "wonderful." "This is first class all the way," says Hardwicke, who didn't want to stay in a nursing and rehabilitation center. "There is nothing comparable to Touchmark's quality; it's topnotch. Everyone who works here really does anticipate your every need. Plus, they keep everything

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nice, and when you're not well or able to do things for yourself, having things look nice is important.”

Health Services Manager Deborah Beemer, RN, has lived in Bend for nearly 30 years and heads up the Touchmark residential care services. She says her staff are able to provide most care needs following a hospital stay. “We give 24-hour care and work with people and their doctors and family to take care of most types of situations. Most people don't have to go to a traditional nursing home.”

Currently, there are several rooms available, accommodating those needing a short-term stay as well as those requiring a longer recuperation. Nursing care, 24-hour assistance, the comfortable, homelike setting and all meals are included in the daily fee. Touchmark also offers home health and rehabilitation services that are Medicare licensed.

People interested in learning more may call Beemer at (541) 383-1414.

Touchmark at Mt. Bachelor Village opened in 2003 and in 2007 expanded by adding two new lodges and numerous amenities and services as well as new lifestyle options. Located along the Deschutes River, the retirement resort also offers Touchmark Home Services and the on-site Touchmark Rehabilitation & Balance Center. In 2008, Touchmark received an award from the Health Promotion Institute for Let Your Spirit Soar, a component of Touchmark's Life Enrichment/Wellness program. In 2005, it received a platinum award from the National Association of Home Builders.