

NEWS RELEASE



Touchmark at Mt. Bachelor Village

FOR IMMEDIATE RELEASE

February 23, 2009
For further information:
Robie Knox
(541) 383-1414
RKK@Touchmark.com

Director receives certification, launches class

BEND, Ore. — Jennifer Troth, director of the Touchmark Rehabilitation & Balance Center, has been certified as a FallProof balance and mobility specialist instructor, after completing the rigorous FallProof training at the Center for Successful Aging at California State University, Fullerton.

Her recent certification strengthens the offerings of Touchmark's national award-winning Fall Reduction and Awareness Program. For example, Troth just introduced a class modeled after the FallProof program. Called Better Balance, the eight-week class filled immediately, and there is a waiting list. Cost for the public is \$89 per person; insurance can be billed for qualifying individuals. Information about future classes is available at 541-848-4095.

Troth graduated from the University of California-Berkeley with a bachelor's degree in Human Biodynamics/Physical Education. She earned her Master of Physical Therapy from the University of California-San Francisco/San Francisco State University.

Since 2006, Troth has worked at Touchmark, first as a Home Health physical therapist, and more recently as the Rehabilitation & Balance Center's director. Prior to joining Touchmark, she practiced in several physical therapy settings, including acute care, rehabilitation, outpatient orthopedics and aquatic therapy.

In addition to her physical therapist license, Troth is certified by the National Strength and Conditioning Association as a Certified Strength and Conditioning Specialist.

Touchmark at Mt. Bachelor Village opened its on-site Rehabilitation & Balance Center in 2008. The Center offers physical therapy, occupational therapy and speech-language therapy. Staff use specialized fitness equipment, such as the Balance Master®, to evaluate balance and provide information for treatment regimens.

- end -